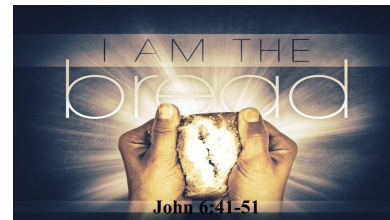




St. Nicholas' Parish News

Sunday 8th August 2021
19th Sunday in Ordinary Time



Fr. Derek Leonard P.P. 087 6261287
Fr. John O'Byrne 085 7491268
Fr. Gerard O'Leary 087 9378685
Salesian Sisters: 061 348510

Parish Website: www.saintnicholasparish.ie

Office Tel: 061-341300

Office email: saintnicholasparishoffice@gmail.com

Newsletter email: stnicholasnewsletter@gmail.com

Webcam: <https://www.churchservices.tv/limerickstnicholas>

Facebook: @stnicholasparish

Important Notice on Public Masses

Numbers at each Mass are limited to 80. We ask that you come early to ensure a place.

We will be returning to our regular weekday Mass schedule of Mass on Monday, Tuesday and Wednesday at 9:45am in St. Nicholas Church.

All are welcome to join us for Mass at 10am in St. Mary's on Thursday and Friday.

We encourage everyone to adhere to the safety protocols when joining us for Mass; Social distance Sanitize your hands Wear a face mask.

We continue to celebrate masses daily on our Parish webcam from St Nicholas church.

To view, click www.saintnicholasparish.ie or www.churchservices.tv



Prayer for when you can't receive communion

My Jesus,

I believe that You are present in the Most Holy Sacrament.

I love You above all things, and I desire to receive You into my soul.

Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart.

I embrace You as if You were already there and unite myself wholly to You.

Never permit me to be separated from You.

Amen.

The Deep End — Uphill struggle

Have you ever felt like giving up? Elijah certainly did. In today's first reading we meet a prophet who has had enough. He is fleeing from trouble and things seem so hopeless after a day's journey that he sits under a bush and begs God to take his life. Life has a way of getting on top of us, such as when we are grieving a loss, when we are hurt by a friend, when illness strikes, or when we are simply exhausted. We experience the feelings described in the famous anonymous poem Don't Quit: 'When things go wrong as they sometimes will/ When the road you're trudging seems all uphill...'

At these times of struggle it is helpful to pause and to refuel for the journey. Elijah was visited by an angel who offered him comfort and respite, giving him the strength he needed to carry on. In today's Gospel, we hear Jesus again say he is the living bread. Some people have been complaining about his teaching. Surely this is the son of Joseph, they say, demonstrating their lack of understanding of who Jesus really is. Again, he explains that he is the bread of life - more than physical food, more than an ordinary man, he is the living bread and he is God. In all our struggles, especially when we feel like giving up, Jesus offers us nourishment for the journey. This gift is there for us especially in the Eucharist, offering comfort and strength.

'The Eucharist, although it is the fullness of sacramental life, is not a prize for the perfect but a powerful medicine and nourishment for the weak.' (Pope Francis, Evangelii Gaudium)

Triona Doherty
Email trionad@gmail.com



PARISH NEWSLETTER

We encourage local groups to avail of the newsletter to promote upcoming events, pray for the sick etc.

We also welcome local **GOOD NEWS** stories or messages you want to share.

Items for the newsletter can be given to Maura 086 0429952 or Grace 086 8296193

E-mail: Stnicholasnewsletter@gmail.com

Useful Contacts/Numbers

- ◆ COVID-19 Support Line for Older People—ALONE - 0818 222 024. SENIORLINE 1800 804591
- ◆ Community Call—Limerick City and County Council Tel 1800 852 389 E-mail covidsupport@limerick.ie

TOILET FACILITIES Please note that toilet facilities cannot be provided in St Nicholas' Church in order to adhere to strict Covid19 guidelines.



Parish Office Opening

hours Tues 2pm—4pm. Thurs 9.30am—1.30pm for anyone who may need to book Masses get certificates or any other church related enquiries. Entrance to the office is through the Adoration Chapel opposite the priest's house.

Phone: 061-341300

Baptism



Baptism time will be on 1st & 3rd Saturday at 4.30pm and on the 2nd & 4th Sunday at 1:00pm.

Contact the church office 061-341300

Remembering those who are Sick



Let us continue to pray for those who are ill at this time, those preparing for and awaiting results of tests, those in hospital. Continue to pray for John, Brian, Paddy, Michael, Vera, Ailish, Frank, Ger, Bernadette, Fiona, Niamh, Jesse, Eoin, Mary, William, Méabh, Anna, Amy, Agnes, Dymrna, Muirinn, Orla, Carmel, Ruby, Michelle and Aoife.

Lord Jesus, you are the true friend of all those who suffer anguish and pain in spirit, mind or body. Please share with them now the gift of your consoling love.

If you know of anybody needing prayers etc, please let Maura/Grace know by E-mail: stnicholasnewsletter@gmail.com or Tel. Maura 086 0429952 / Grace 086 8296193

BOHERBUOY BRASS & REED BAND

COMMUNITY RECITAL

Bring a chair and come ready for an evening of music!

Shannon Banks

Wednesday 25th August 2021

7-8pm

*WEATHER PERMITTING



First Holy Communion and Confirmation 2021

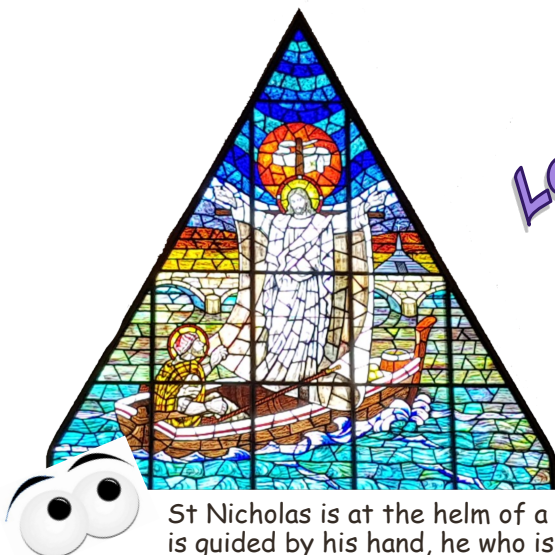


First Holy Communion and Confirmation 2021 To help girls and boys prepare for their First Holy Communion and Confirmation, Fr Chris O'Donnell has worked with iCatholic, on behalf of the Catechetics Council of the Irish Bishops' Conference, to produce video lessons for First Communion/Confirmation children and their families. These are available on the Limerick Diocese website at the links below:

<https://www.limerickdiocese.org/resources/category/resources/firstcommunion/>

<https://www.limerickdiocese.org/resources/category/resources/confirmation/>

Look Up!



You may learn something new about things we see and take for granted when we come here to our Parish Church! Look at the beautiful stained glass window behind the altar. It shows St. Nicholas of Myra, the patron of the parish.

A medieval church dedicated to St Nicholas, adjoining King John's castle, disappeared at some point in the 17th century - all that remains of parish and church is the street name - Nicholas' Street. The new parish of St Nicholas was created in 1991.

St Nicholas is at the helm of a boat - the boat understood to be our parish community. The boat is guided by his hand, he who is patron of sailors (as well as of children). On the mast and cross-trees of the boat is the figure of Christ in glory, his flowing garments the boat's sail. Nicholas is reading the sail intently. In the bow of the boat are symbols associated with St Nicholas - his emblem, three golden spheres. The boat is 'at sea' on the waters of the River Shannon and in the background is Athlunkard Bridge which connects the two halves of the parish - the spire of the Church is visible on the parapet of the bridge. Dominating the background is the rising sun, hope filled promise.

The window was designed by Limerick artist Jim O'Farrell and the design executed by the artist Kevin O'Kelly of The Abbey Stained Glass Studios, Dublin.